SUSTAINABLE CLOTHING 101

THE FASHION INDUSTRY is wrought with textile waste and questionable manufacturing processes. Seek out clothing made with the following materials to reduce your footprint and buy more ethically.







Pieces of clothing discarded world-wide annually.

70



Clothing thrown away yearly by the average American The equivalent of 191 t-shirts per person.

218 LITERS

Water saved from the organic cotton The equivalent of +87.000 olympic pools.

What we wear, matters

ORGANIC COTTON

wнy > Grown without conventional pesticides, fertilizers and with non-GM seeds.

LABEL HINT > Organic Content Claim 100% (OCS) OCS Blended, or GOTS certified

LINEN

wнy > One of the most biodegradable fabrics made from flax plant fibers.

LABEL HINT > 100% linen. Thicker than

HEMP

wнy > Requires less water and land to grow, and doesn't use herbicides or pesticides.

LABEL HINT > 100% hemp or cannabis sativa fiber.

ALPACA

wнy > Doesn't lead to overgrazing like cashmere production.

LABEL HINT > Choose alpaca that's fair trade or from a cooperative.

FAIR TRADE CERTIFIED

WHY > Supports better working conditions for cotton farmers and factory workers. They earn a premium to invest in social development projects and improve their communities.

FAIR TRADE CERTIFIEDTH RIGOROUS STANDARDS ENSURES:

Safe, dignified working conditions

Gender equity and supports women's empowerment

Rights for workers

No forced labor or child labor

Community development through economic investments

management systems

No hazardous pesticides or fertilizers

Non-GMO

LABEL HINT Look for the Fair Trade Certified™ Sea

RESPONSIBLE WOOL

why > Certification program to protect animal welfare and farmland health

LABEL HINT > Products made with 100% certified wool carry the Responsible Wool Standard logo.

LYOCELL

why > Sourced from eucalyptus.

LABEL HINT > Sold as the branded fabric TENCEL®.

RECYCLED FABRIC/PLASTIC

why > Reduces global textile and plastic waste and reduces GHG

LABEL HINT > Made from recycled textiles, or recycled post-consumer PET bottles.



wнy > Made from the renewable and biodegradable fiber of beech trees.

LABEL HINT > "Modal" listed as fiber content: sold as Lenzing Modal^e.

